



**Plymouth Hope FC** is a not-for profit voluntary organisation run by a team of enthusiastic volunteers who all share a love of football and believe in social equality. We recognise the social and health benefits of football, and work hard to make sure that as many people as possible within Plymouth have access to play the beautiful game.

The goal of Plymouth Hope Football Club is to provide football opportunities to the wider community of Plymouth, including but not exclusively, under represented ethnic groups and asylum seekers.

We promote:

- **Fun and enjoyment**
- **Social cohesion**
- **The building of a stronger and integrated society**
- **Volunteering in Plymouth**
- **The health benefits associated with playing sport**

We provide:

- **Access to football**
- **Structured training sessions, lead by qualified FA coaches**
- **Opportunity to participate in competitive leagues and tournaments**
- **Volunteering opportunities for players and members of the community**
- **FA coaching course sponsorship to our players**
- **Mentoring and sign-posting**



Contact Details

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## Our Community Sessions

Led by FA qualified coaches, these are free regular football sessions aimed to benefit our local communities mainly from disadvantaged areas. A friendly accessible place for everyone to play, have fun, to meet people from various part of the world, to make friends if you are new to the city or if you want to expand your social network. Join our winter sessions as well.

**Follow us to get the latest about the session.**

## Our Adult Team in the Plymouth & West Devon Football League

We have an adult team that plays every Saturday and train once a week.

## Annual Football Festival & Family Fun Day

This event is aimed at implementing our ethos of social cohesion and integration by bringing people together to celebrate diversity and encourage better understanding between community groups. We are joined by various city organisation/charities to celebrate through sport, arts, cultural, music, food and awareness raising. Join our 2012 Festival facebook page and keep up with the info's.

## Under21's

Funded by the Devon Community Foundation, the project is aimed at giving accessible regular football sessions to young people in the city disadvantaged areas. We are now setting up a team. We will be running sessions and recruit players to enter the FA U21 league or the P&WDCF League.

## Under12's

This project funded by the Football Foundation is aimed at addressing the lack of football sessions & teams for our primary target groups and beneficiaries in disadvantaged areas. We are now setting up a team. We will be running sessions and recruit players to enter the Devon & Junior Minor League 2012-2013.

## Women's Football

We are organising a women football taster sessions with an objective to set up regular sessions.

**If you are interested in any of our programmes or would like to volunteer get in touch.**



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